



Green Tara of Nepal, goddess of compassion and the environment.

Child Haven International

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Winter 2013



Mehul, Naran, Gignesh, Devaraj and Vishal looking good on the front wall of our **Gandhinagar Home**. Mehul and Naran are brothers as are Gignesh and Vishal.

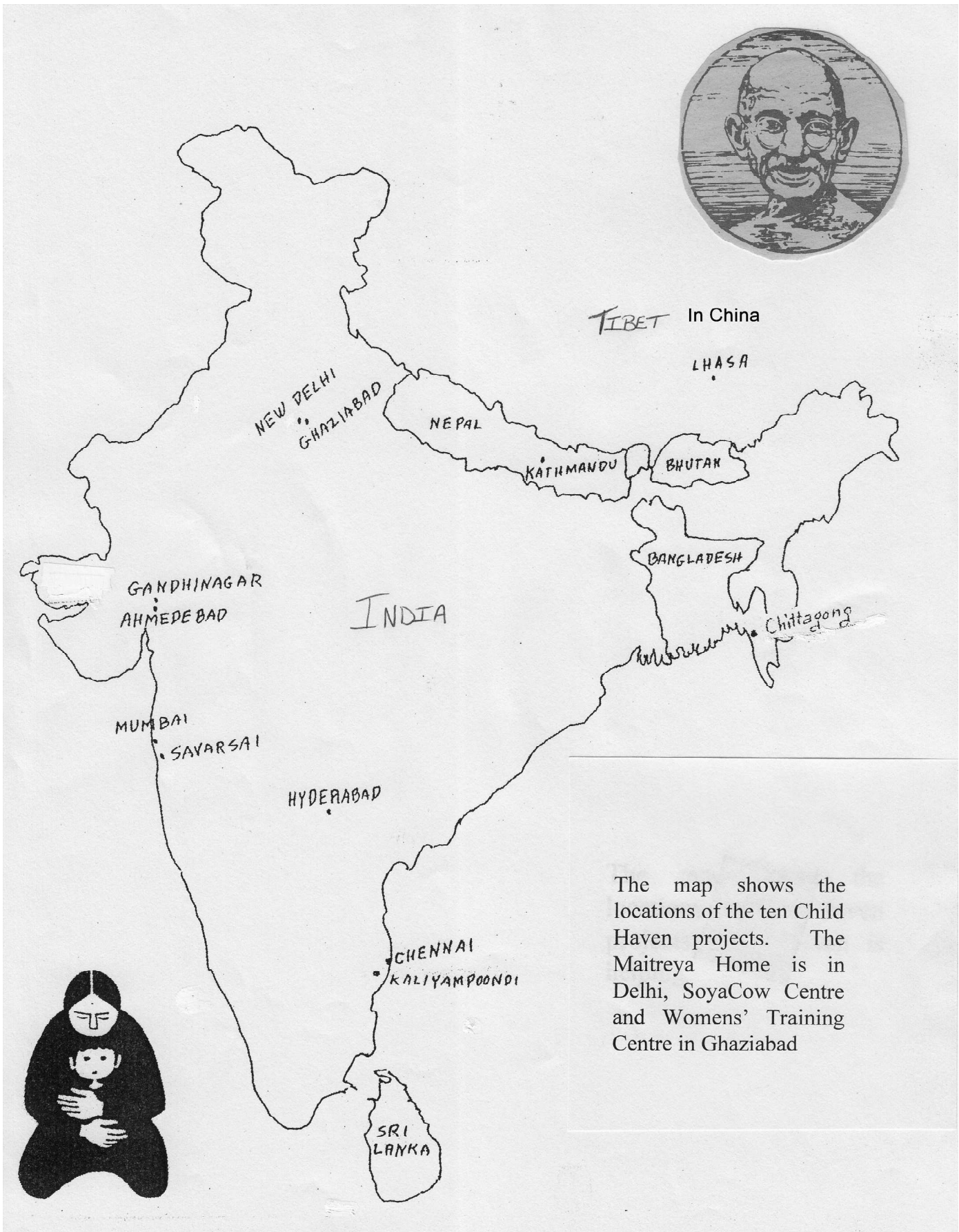
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The map shows the locations of the ten Child Haven projects. The Maitreya Home is in Delhi, SoyaCow Centre and Womens' Training Centre in Ghaziabad

!!!!Bonnie & Fred Diamond Jubilee!!!!

2013 is their 60th Wedding Anniversary Year!

We are planning a Diamond Jubilee Celebration throughout the rest of 2013. The goal is a Six-million-dollar Endowment, interest to be used for Child Haven's Overseas Programs.

These lasting legacy funds will help assure continuation of Bonnie and Fred's untiring work for children for many years to come.

An additional goal is \$600,000 to finish the last three remaining building programs in India. Then Bonnie and Fred can relax a little knowing that all ten Child Haven Homes and projects have their own buildings – no more rent payments or hasty moving scrambles.

It is hoped that donations to this fund will be above and beyond what donors are already giving. We cannot jeopardize the day-to-day support for the children.

Child Haven individuals and groups are invited to brainstorm about how to help in the celebration and in the attainment of the goals.



Bangladesh – Rizdhan and Nokia are very excited with their new quilts. 54 quilts were made for the children by Gilian Chernets of Toronto in memory of Emmy Hardie, who was a much beloved volunteer intern at the home. Below Shatu and Ushanu share their fine art-work.





Bangladesh - Marium doing a traditional dance as part of a program for the other children, teachers, board members and other guests on the rooftop of our home.





Bangladesh – The most wonderful cook in the world, Yesmin, grinds the ginger for the evening's curry with a stone grinder. Below Vejoy and Suman fall asleep while studying for an important exam the next morning. They are dreaming about flying along the hypotenuse of trapezoidal trajectories.





Cooperative Biking in Savarsai– This bike’s broken chain doesn’t slow these boys down as they take turns powering across the grounds.





Nutan, in the 8th grade, is determined to learn how to ride this bike, and with such supportive helpers, she's bound to catch on fast



SUPPORT GROUPS - Listed by date of 2013 Events

Cornwall ON: Elaine MacDonald 613-938-7763, Next Dinner April 5

Kingston ON: Andy Rush 613-542-6992, Mary Ann Higgs 613-545-1245, Next Dinner April 6

St Anne de Bellevue QC: Susan Hawker 514-457-1793, Next Dinner April 6

Calgary AB: Dave Greene 403-295-7224 drgreene@telus.net, Alnoor Bhura 403-289-3100, Din Apr 13

Edmonton AB: Sylvia Krogh 780-454-6216, Next Dinner April 14

Canmore/Banff AB: Paula Duncan & Simon Bryant, 403-609-8125

Mississauga ON: Shyam Sheth & Leena Motwani 416-357-3478, Tushar Mehta 416-839-1938, Din Apr 20

Oakville ON: Daniela Jansson 905-338-0416, Palvi Patel 905-338-6063, Apr 20 (Combined With Mississauga)

Waterloo ON: Ida Fisher 519-884-3466. Next Dinner April 21

Ottawa ON: Glebe Charity Soiree: Salim Gias Uddin 613-863-5103, Shawn O'Reilly 613-709-4237, Apr 26

Ottawa ON: Tudor Hall: Linda Uhryniuk 613-730-5412, Dave Basu and Parin Bhimani 613-422-1573, Valerie Dougherty 613-727-5756, Next Dinner June 21

Ottawa, ON: Avni Group: Avni Jain 613-731-3798

Vancouver BC: Venilal & Lilaben Sisodraker 604-985-5540, Katherine Doyle & Ian Cameron 604-255-4077, Ron & Ann Perrick 604-929-6674, Sam & Yamini Gandesha 604-937-0270,

Neelam & Narendra Amin 604-294-6759, Next Dinner Sept 14

Winnipeg: Zobida Ambtman 204-489-7630, Next Dinner Sept 22

Montreal: Conny Belanger 514-542-3260, Sheila Laursen 514-697-4195, Next Dinner Sept 27

Toronto Beaches: Michelle Lalonde 416-699-5199, Marc Lalonde 416-966-9373, Dinner Oct 05

Hardwick, Vermont: Robin Cappuccino & Sharon Fialco 802-533-2296, Rachel Davey 413-250-6204 Oct 12

Glengarry ON: Susan Joiner 613-525-5177, Next Dinner Oct

Comox/Courtenay BC: Heather Holm 250-338-2181, Next Dinner Oct 24

Qualicum Beach BC: Maureen Hanright 250-752-3216, Edith Kenny 250-248-3202, Next Dinner Oct 25

Victoria BC: Dale Lawlor 778-433-9876, Mel & Christine Johnston 250-385-5444,

Marya Nyland 250-592-6484, Sandra & Jim Jordan 250-654-0672, Suresh Basur 250-216-2711, Din Oct 26

Nanaimo BC: Rob & Wendy Stewart 250-758-7532

Germany: Rev Dr Eckhart Pilick, 49-721-405762, Pilick@t-online.de



Savarsai - Sisters Sonali, Grade 1, and Indika, kindergarden, are two of the newest children at our Savarsai Home. Mix a little water with the clay-rich soil and it's perfect for all manner of creations!

BONNIE LORE

(an occasional column by her long- suffering husband)

Child Marriage

Back in 1997, three siblings were living at our Child Haven Home in Hyderabad, two boys aged 7 and 9, and their sister Sunita,13. They were from an underprivileged tribal community.

After some time their father brought his youngest daughter age 5, to child Haven to be with her three older siblings. At the same time his friend brought his own two children to be admitted: boys aged 7 and 10. Their mother had run away.

When the first father returned home, he took his daughter Sunita with him “to help with some chores at home.”

But Sunita’s friends said she had confided in them that her father was planning to marry her off (at age 13!) and she didn’t want to marry. She is a bright student. When Bonnie heard of this, she pondered what to do. Appealing to the father probably would not influence him.

But Bonnie couldn’t ponder too long. She decided to up the ante. She immediately sent the other three siblings home to the father. His friend’s two children were sent back to their father as well.

The ploy succeeded. All six children were returned to Child Haven and the father signed an agreement that all four of his children would complete their education, at least to tenth grade (graduation level in India).

Sunita graduated from high school. Because of financial restraints, most of our students go to a trade school. But if a child is really brilliant and really keen to study, we find sponsors in Canada who will fund their education. Sunita was such a student. She completed her university training and went on to finish her Masters Degree. She is happily married to a fine young man of her choice.





Gujarat - Volunteer Intern Nargis Mitha, of Ottawa, working on an English lesson with Labhu. Labhu is the monitor and representative for her 6th grade class. After Labhu's father died, she and her two sisters lived with their aunt until she was no longer able to support them. Nargis, a stalwart of the Ottawa Support Committee, is on her second stint as a Child Haven intern. She first helped out some 15 years ago. Nargis is spending three months at our Gandhinagar Home. The kids are thrilled at having a live-in English tutor who can also speak Gujarati!

MORE OVERSEAS INTERNS NEEDED. We have space for more people who will pay their own travel and commit a minimum of three to six months interning at our projects in India, Nepal or Bangladesh. To obtain an application please contact our office in Maxville by email fred@childhaven.ca. A \$50 fee will cover administrative costs of processing your application and your attendance at a 2-day Orientation in Maxville. Once accepted as an Intern, an additional \$200 donation to cover overseas costs of room and board is also asked of first-time Interns unless they or their families are regular contributors.



Gujarat– The buildings we are constructing in the village of Meu for our children’s home are progressing well. We have been using increasingly problematic rented facilities in Gandhinagar for many years. We hope to be able to move into these spacious dwellings in a very peaceful and bucolic rural setting in the next 6 months. Construction of the new Gujarat Child Haven Home is funded by the Kamra family of Ottawa and California.



Two of the boys at our Gandhinagar Home looking forward to their new quarters in Meu are Chirag in the 6th Grade (left) and his brother Parth, in 3rd Grade. The boys came to Child Haven when their widowed mother was no longer able to take care of them. They are shown here standing up to introduce themselves to guests visiting the home with Bonniema on one of her quarterly visits. They are both doing well in school.



Kaliyampoondi Due to stricter governmental regulations, we need to build a separate building for girls. It will look like the building below which now houses the girls upstairs and the boys below. It will be perpendicular to the existing dormitory, along the right side of the picture below, forming a horseshoe with the kitchen/cafeteria building. The second floor in both buildings will then be dormitory space, and we will have space for classrooms, an infirmary, and a computer room on the ground floors. The new building will cost about \$140,000. We are seeking donors to help with this necessary expenditure. Donors of \$5,000 or more can have their names listed on a commemorative plaque on the new building. Can you help?





Thilshak came to Child Haven after her father and home were swept away in the huge tsunami in 2004. She just received the highest grade in her university in diploma nursing.



Imam also came to Child Haven as a result of the tsunami. He has just completed a technical course and has gotten a job as a beam fitter. Below, Amala, the most wonderful cook in the world, cleans several of the small mountains of rice consumed each day at the home.





Ghaziabad – Homeopathic Doctor, K. M. Mittal, examining a patient at the free clinic operated by our MVP Women’s Project in Ghaziabad. Since it began, over 15,000 women have been trained in tailoring and other skills at our center. Our new sanitary pad manufacturing project is now producing low-cost, hygienic pads for the local community.

This elegant and erudite newsletter is now at our website. If you don’t want the paper copy mailed to you – and would like to be notified when new newsletters are created, please go to www.childhaven.ca. and enter your email address. One problem is that the mailed newsletter also contains a return envelope for donation!

CanadaHelps.org. on www.childhaven.ca/donate.htm

Child Haven does not:

- 1. Sell or trade your name/address;*
- 2. Solicit by phone or door to door;*
- 3. Use professional fund raisers or paid advertising, except for small ads announcing local events*



Nepal - Niraj Baskota has completed a three-year course to be a Health Assistant in General Medicine. With a few small loans from Child Haven and Child Haven staff, he has set up a small clinic and medical shop in his village. Niraj came to Child Haven at the age of four in 1995 after the death of his father. He will do well.



Asmita Rai is working on a Liberal Arts degree and is also working part-time with an organization that helps prevent the trafficking of girls in Nepal. She would like to be a social worker or teacher when she graduates.



These are two of the women and their husbands, recently assisted by the women's health project that Child Haven sponsors for women in remote areas. Gagma, on the left, is 60 years old, and from the village of Dharding. She had a hernia, which was treated. She had been taking 2 types of medication for the last 14 years. They were prescribed to her by a medical camp that passed through her area. One of the medications was a sleeping pill to help her with some anxiety she was feeling. Unfortunately she got the prescription mixed up, and instead of taking the pill in the evening, she had been taking it in the morning, and wondering why she was so lethargic with so little energy. Since she was not feeling well, what is usually a three day walk to the bus stop for Kathmandu took her husband and her 9 days.

The woman on the right is Malan Jong Tamang. She is 72 years old and lives in Lapa village near the border with Tibet. She does not speak Nepali, but speaks Tamang. Fortunately her husband speaks Nepali was able to translate for her. Our Child Haven Home Coordinator Kanya also speaks Tamang, so they were able to joke with each other in Tamang. She has had a growth or mass on her uterus since she was 27. This was treated. 16.

Margaret Atwood, Author
 Dr Brien Benoit, Head, Neurosurgery,
 Ottawa Civic Hospital
 Peter Downie, former CBC Host
 Vera Freud, former IHEU Permanent
 Representative, UNESCO
 Dr Gary Geddes, Poet
 Jan Jeffers, former publisher
 Ajit Jain, Managing Editor, Canada, INDIA
ABROAD
 Max Keeping, C.M., former TV Host
 Frank Kolhatkar, Retired Senior Partner,
 Deloitte & Touche LLP
 Donna Morrison-Reed, Unitarian Minister
 Mark Morrison-Reed, Unitarian Minister
 Don Roberts, Managing Director,
 CIBC World Markets
 Kunjar Sharma, PhD, Honourary
 Consul General of Nepal

PATRONS IN GERMANY:

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 Pilick, Frei Religioese Landesgemeinde

PATRONS IN JAPAN:

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 Mr Noboru Nakayama, President, Seikyo
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 The late Morse Saito, Educator
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Dr Yanta Mani Pradhan, Ophthalmologist
 Lions Eye Care Centre, Kathmandu
 Ms Renu Sharma, President, Nepal
 Womens Foundation, Kathmandu

INDIA

Dr K.M. Chitania, Gopi Nursing Home
 The late Mukunda Kolhatkar, Gandhian
 Dr S V Mapuskar, MD and Engineer
 Muruganatham, social activist
 V Kalyanan, Personal Secretary to Mahatma
 Gandhi

DONATING BY CREDIT CARD *Child Haven is registered with **CanadHelps.org**, which helps Canadian charities receive on-line donations via credit card. The transaction is free for the contributor. Child Haven pays a 3.9% fee which is similar to our own accounts set-up. A link is posted on our website to the CanadaHelps.org site. Child Haven is notified and funds are sent directly to our bank account. Receipts are issued for the whole amount by CanadaHelps.org **Donating by credit card** (Visa or Master Card, Canada and U.S.) can also be done by calling Child Haven directly, 613-527-2829. We can also receive donations from Canadian donors through our website through **Paypal**.*

DONATING THROUGH UNITED WAY *To give through United Way, just designate your donation to 'Child Haven International' and include our Registered Charity # 11885 1922 RR0001. Receipts are issued by United Way. **IN SOME CASES THE NAME OF THE DONOR IS NOT GIVEN TO US. WE WOULD NOT BE ABLE TO ACKNOWLEDGE YOUR DONATION. GIVERS THROUGH CANADA HELPS ARE ALSO ANONYMOUS.***

Child Haven receives monthly donations in four ways:
Direct bank withdrawal \$9864/month from 236 donors.
Canadahelps \$1577/month from 29 donors.
Donor credit card \$2048/month from 46 donors.
Post-dated cheques \$235/month from 3 donors

Thanks loads!!

*We are also set up to receive **gifts of securities**. (better tax advantages than donating cash.)*



Sponsorship Co-coordinator, Sheila Laursen
 Social Worker, Christine Johnston, MSW
 Dinner Liaison, Beth Keogan
 Webmaster, Kerry Keogan
 Refugee counsellor in Canada, Tara Upreti
 Bazaar and Auction Liaison, Pam Hellstrom
 Canadian Directors of Child Haven: Dr Nat Shah, Peter Freud,
 Bonnie and Fred Cappuccino, Bernadette Caron
 Decal of Gandhi, P V Anthony,
 Mother & child logo, Eugene Fern
 Sketch of Bonnie and Fred, Andrina Cox
 International Director, Bonnie Cappuccino
 Erudite and Elegant Newsletter-Editor, Fred Cappuccino
 Guest Editor this issue – Robin Cappuccino



Hyderabad – Rasanna Laxmi grinding leaves for magical potions. She is a superb cook/chemist/herbalist/artist? Rasana came to Child Haven after her parents died and her grandmother could not provide for her. She is in Grade 3.

Below Veendhar is studying with some other boys on the roof of the new boy's dorm. There's a nice breeze up there. Veendhar is in Grade 7 and is a good student. He has a little brother in the home.

Are You Ready for Freddie?

Years ago in the L'il Abner cartoon someone asked someone else "Are you ready for Freddie?"

The person shrieked and ran off. This happened on several occasions, and then cartoonist Al Capp revealed that Freddie was the undertaker!

Child Haven's Freddie, while not an undertaker is anxious for Child Haven to receive bequests.

Even though he knows only 13.7% of the information needed to make a bequest, he will be happy to phone people and talk over their upcoming bequest.



Latrine Doctor to the Rescue!

Dr S. V. Mapuskar has designed the bio-gas and water treatment plants for many of our Indian Child Haven homes. He also serves on the All-India Child Haven Board. On a recent visit to over-see the construction of the bio-gas plant at our new children's home in Meu, he shared a few glimpses into what inspired him to become involved in this field. (See photo below with Raj Anthony, our India Board Secretary and Mr. Sharma, our contractor.)

As a young medical doctor, in the early 1960's, he realized that poor water supply and poor sanitation were responsible for much of the sickness and disease he was treating. "So," he thought, "why not protect patients from infection instead of giving them medicines? A latrine can cost 400 rupees, and a regime of medicine to rid a village of worms as much as 10,000 rupees." Plus, without latrines, the worms soon return. Even though he was seeing 200 patients a day, as he became more and more involved in promoting community latrine construction, he was affectionately referred to as the "Latrine Doctor."

All 10 of the first latrines he had constructed, based on a World Health Organization design, collapsed in the first rainy season, helping him realize that more India-centered solutions were called for. He also discovered that just building and providing latrines did not mean they would be used. Without education, latrines were often used for small shrines, chicken or goat sheds. So he became engaged in community outreach. He collected stool



samples and showed with his microscope that 85% had worms. He showed that the ground also had these worms and that open defecation was the problem. Such campaigns met with some success - in 1980 less than 1% had access to latrines in rural areas, now the number is more like 35%.

In urban areas the problems are compounded. In the slums mothers ask their children to defecate in a piece of newspaper and throw it into the street. Only 10% of urban homes have sewage systems, and only 30% of that is treated. 70% of the sewage produced in Delhi goes straight into the Jamuna River. In Mumbai, 75% of sewage flows directly into the sea. Sewage treatment plants are costly and capital intensive. They also require 200 liters of water per day for urban dwellers. Even when a conventional system exists it is most often not used correctly. Hence, Dr Mapuskar's work developing and advocating for the use of bio-gas systems based on Indian realities. Bio-gas systems cost less, provide excellent sanitation and produce gas for cooking, as well as treated water and compost suitable for gardening.

According to the doctor, conventional sewage systems in India are "a legacy from the British and not appropriate for this country. Our text books are just copies of old British books," he says. "Our medical schools, architectural schools, and engineering schools must provide training in much more appropriate technologies."

Not one to let good ideas go to waste, the doctor is helping to organize a post-graduate degree program for engineers and others wishing to carry forward his work furthering the awareness of, design and use of bio-gas and other waste management systems through-out India. It will be sponsored by and held at a university in Maharashtra. One of our engineering students in Kaliyampoondi is excited to enroll in this program when his Bachelor in Civil Engineering degree is completed. Anyone interested in helping to sponsor his tuition and on-going fees, or those of any other Child Haven student wanting to become trained in this field may do so through our post-secondary education sponsorship program. Contact Sheila Laursen at sheila@childhaven.ca for more information. We are thrilled to have this opportunity to help pass the good doctor's work on to new generations of waste management visionaries.

Child Haven Homes

Gandhinagar, Gujarat, India 49 children 8 women, Language: Gujarati

Hyderabad, Andhra Pradesh, India 192 children 15 women, Language: Telegu

Kaliyampoondi, Tamil Nadu, India 297 children 35 women, Language: Tamil

Maitreya Foundation, New Delhi, India 24 children 1 woman, Language: Tibetan & Hindi

Savarsai, Maharashtra, India 48 children 4 women, Language: Mahrathi

Kathmandu, Nepal, 203 children 22 women, Language: Nepali

Tibet in China, 41 children 4 women, Language: Tibetan

Chittagong, Bangladesh, 67 children 15 women, Language: Bengali

Ghaziabad, India (informal education) 30 children 50 women, Language: Hindi

Tribal Home, City of Pen, near Savarsai Home, 50 children, Mahrathi plus tribal languages

(Many other children are sponsored for education, but are not living in one of our Homes.)



Maitreya Home - Dhonyoun Gyalpo is in Grade 11 and enjoys playing soccer on the school team. He often helps serve meals.



Tibet In China – Tenzin Chokey, (above, left) in Grade 2 and her friend and neighbor, Kelsang Dolma, figure out a way for the two of them to play the jumping game with a strip of inner tube which is all the rage at our Tibet home. Below some of the older girls, Tenzin Dolkar, Sonam Dolkar and Kelsang Donkey practice their moves.





Tribal Home – These kids are performing a traditional dance for Bonniema and other guests. The tribal home is for the children of the tribal community living in the vicinity of Pen. The parents most often work as migrant farm-workers requiring them to travel as they follow crops in season. The home makes it possible for these kids to remain in school, something that was not possible for their families. They return to their families when school is out. This home is a project of the Ankur Trust, funded by Child Haven.

SARIS, SARIS, SARIS... by Beth Keogan

Over the years our own Naseem Vellani and her friends, followers of His Holiness, the Aga Khan, have generously donated hundreds of Saris to Child Haven. Bonnie takes many over to India; we sell some at dinners, some at shops, but we have lots left. We are looking for enterprising people to sell them, either as Saris, or sewing them into other uses for sale. Robin Cappuccino has four places in Vermont that sell Saris for \$45 each. Child Haven receives several thousand dollars a year though this. Perhaps a local store in your town would set aside some space.

We can send Saris to you, and help with signs for the shop.

I made two saris into a “parachute” for the children at the home I Interned in India and we played ball games with it. Some other creative uses: cushions, aprons, curtains, table cloths, place mats, braid into rugs, quilts, bedcovers, lampshades, scarves, handbags, shirts, skirts, pants, soft toys, baby sling, journal/book covers, etc. You can think of 37 more uses. Please contact me beth@childhaven.ca or call the office and to discuss details.



Kaliyampoondi – Satish (center), our carpenter and assistant boy’s supervisor was doing some electrical wiring when he received a huge shock and passed out. Luckily Sundarajan, on the left and Shiva Kumar on the right saw him and rushed over to give him CPR and mouth to mouth resuscitation which they had learned in biology class. They kept working on him until they got to the hospital. Thanks to their quick thinking and skills, Satish is fine and full of appreciation for his rescuers. When not life-saving, Sundarajan is in vocational training, and Shiva Kumar just finished a course in hotel management.

***LET ME LIGHT MY LAMP, SAYS THE STAR,
AND NEVER DEBATE IF IT WILL DISPEL THE DARK***
Rabindranath Tagore



“We’ll have two of whatever’s on special” Porsivan and his buddy Robin looking forward to supper in *Kaliyampoondi*

For donations please make cheque out to CHILD HAVEN, and mail this portion to CHILD HAVEN, 19014 Conc. 7, Maxville, ON K0C 1T0 (or to Box 5099, Massena, NY 13662-5099, USA.) Donations to Child Haven are tax receiptable in Canada, India and the USA. General Full sponsorship is \$28/month or \$336/year. Half-sponsorship is \$14/month or \$168/year.

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