

Green Tara - Protector of Children, Women and the Environment

Child Haven International



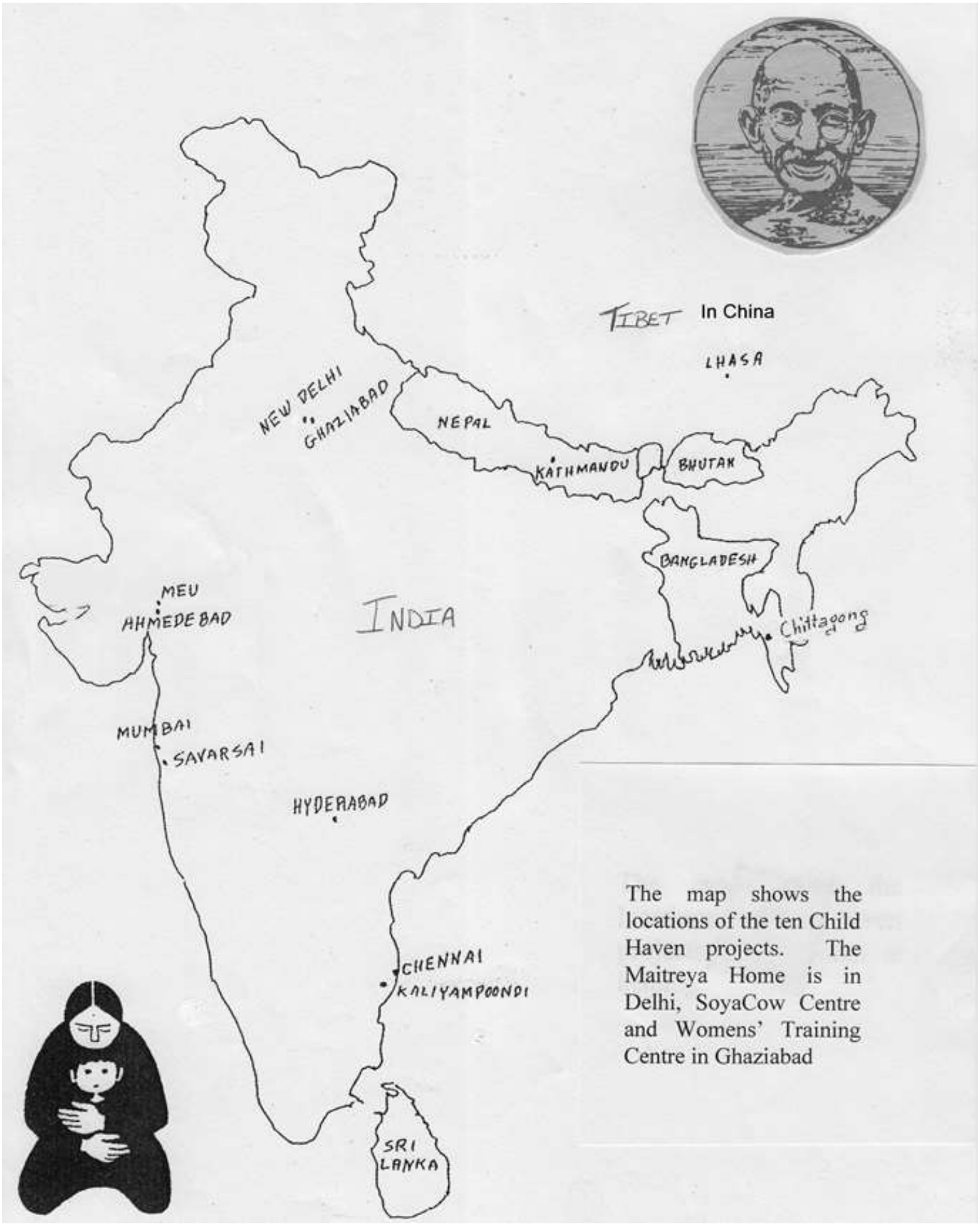
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September 2018



Meu, Gujarat– Pal, age 7, Roshni, age 6 and Neha, 12, have found a lovely spot along the compound fence under a protective bush to play house and escape from the scorching Gujarati summer sunshine.

Kaliyampoondi	14-16, 24	Hyderabad	6	Nepal	12-13
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The map shows the locations of the ten Child Haven projects. The Maitreya Home is in Delhi, SoyaCow Centre and Womens' Training Centre in Ghaziabad

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Child Haven Homes

Meu, Gujarat, India 68 children 8 women, Language: Gujarati
Hyderabad, Telangana, India 183 children 14 women, Language: Telugu
Kaliyampoondi, Tamil Nadu, India 325 children 35 women, Language: Tamil
Maitreya Foundation, New Delhi, India 24 children 1 woman, Language: Tibetan & Hindi
Savarsai, Maharashtra, India 48 children 4 women, Language: Marathi
Tribal Home, City of Pen, near Savarsai Home, 55 children, Marathi plus Tribal languages
Kathmandu, Nepal, 203 children 22 women, Language: Nepali
Tibet in China, sponsoring 14 children 4 women, Language: Tibetan
Chittagong, Bangladesh, 70 children 15 women, Language: Bengali
Ghaziabad, Uttar Pradesh and **Rahon,** Punjab, Women's Centers, India; education in tailoring for 50 women at a time; inexpensive sanitary napkin production and sale; Beauty and Wellness Course. Languages: Hindi and Punjabi
(Many other children are sponsored for education, but are not living in one of our Homes.)



Now Available !

A new book by Shelley Adam

"A TRUE HUMANITARIAN BOOK FOR CHILDREN! Bonnie and Fred Cappuccino lovingly raised 21 beautiful children. Profoundly influenced by their 2 biological and 19 adopted children from a dozen different cultural backgrounds, Bonnie and Fred started Child Haven International which provides safe homes, educates and cares for over 1300 destitute and orphaned children in India, Bangladesh, Nepal and Tibet. This is their inspiring story, written for children. A true legacy of kindness that needs to be shared."

Shelley Adam is a passionate supporter of Child Haven International. Shelley has visited each of the 9 Child Haven Homes in India, Bangladesh, Nepal and Tibet. She is dedicated to providing support to the children of these Homes.

Proceeds from each book sold goes to Child Haven International's Education Fund for all the children. As well, to spread the word of kindness, every time 5 books are sold, one is donated to a school library in Canada. Shelley tries to visit a Child Haven home once a year and has done so since 2008. **Order your book now – contact Shelley Adam at, shelley@wanderfull.ca or go to the web site at, wanderfull.ca/bigfamily**

Savarsai – Rishikesh, (center), is studying for his Master of Social Work Degree at a local University. He has been volunteering his time at the Home and our nearby Tribal Home as part of an internship program related to his studies. He organizes activities with the kids, and helps them with their homework.

Our Manager Prakash and Board Members, Raj Anthony and Dr. Vaishali Patil supervise his activities. Several other Social Work Master's students have also volunteered in this capacity.



Below right, Karyshma (left) and her friend Akansha (right) take a moment for a friendly pose while they make magic with flower petals they have gathered and poured into a vessel with a coconut leaf funnel. Meanwhile Dipali and Sunaina are having a heart to heart chat in the background. Sunaina came to the Home earlier this year and has made many close friends. This grassy patch under the coconut and banana trees makes a shady spot on hot summer afternoons.

Ishand, below, is new to the Home. He is 8 years old and in Grade 2.





Tribal Home

Bharat and Sagar, (right) are in Grade 11 and Grade 10. Both are from a village called Shedashi. Shedashi is about 15 kms east of the Home. From the main highway, they have to walk another 5 kms into the mountains to reach their village. Both of them are studious and ready to help when needed. Sagar lost his father recently. Sagar's mother and younger brother still live in his village.



Jyoti (below left) is in the 10th Grade and is very studious. She and Sheila, (below center) are good friends. Sheila got the highest mark in the 10 th Grade in her school. She is planning to take paramedical training. Her family is from the Kathkari tribe and are struggling economically.

Sarita, (below right) is in Grade 11. Her older sister Savita, who also grew up in the Home is now studying nursing. Their parents work with a contractor and live in a semi-bonded condition. The contractor calls upon them to work for very low pay whenever he needs them.



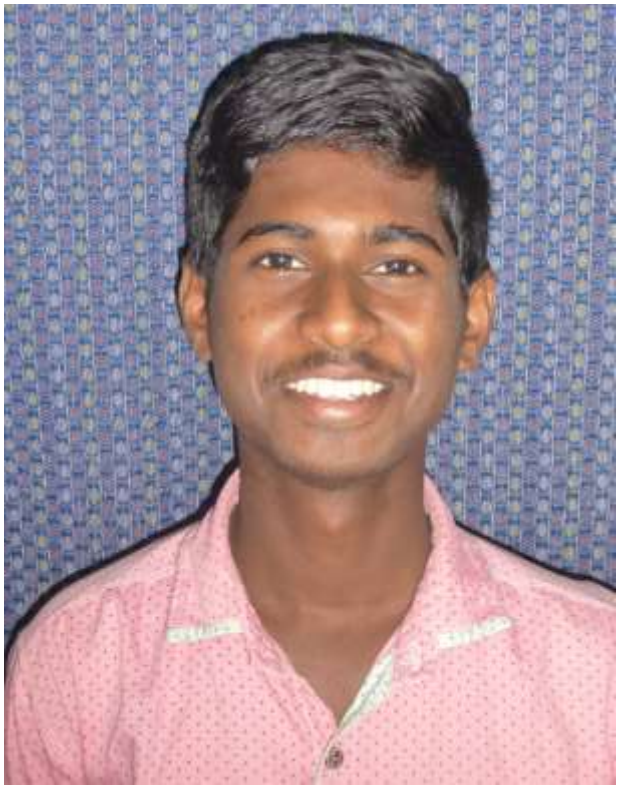






Hyderabad – Assistant Manager Shanti (left above) holds the most beautiful baby in the world, Varnika, who was seven months old when this picture was taken. Varnika's older brother Karthik is three and starting nursery school. Shanti grew up in the Home. Above right, future accountant or PA (personal assistant), Lokesh, age 9, often checks in with our Child Haven India Accountant Meena to see if she needs water or other supplies. She appreciates his assistance!

Below left, K. Vamshi recently got an astounding 9.5 Grade Point Average upon completing Grade 10. He won admission to a Junior College where he will study Grade 11 and 12 with a Mathematics focus. Below right, the boys are still asleep in the relative coolness of their dormitory roof as the sun comes up after one of those steamy Hyderabad nights.







Overseas Interns Needed: Dominique Gravel (center left below) from Quebec, recently completed 3 months at our Hyderabad Home. There, she helped with homework and chopped vegetables, and enjoyed practicing yoga with the children (above). She also led a workshop on friendship bracelet weaving (below). We have space for more volunteers who pay their own travel and commit three to six months to interning in India, Nepal, or Bangladesh. Please contact our office in Maxville at 613-527-2829. A $50 fee covers processing costs and your attendance at a two-day Orientation in Maxville. An additional $200 donation to partially cover overseas room and board is also asked of Interns. You can find our Intern Brochure at childhaven.ca





Chittagong – Forhad Milon is a new member of our staff in Bangladesh. He works as a Boy's Supervisor as well as the Co-ordinator of our Community Educational Support Program which currently supports the post-secondary education of 28 low income young people outside our Home.

A priority of the program is to make it possible for young women to continue their education instead of being forced into early marriage because of a lack of economic resources. Forhad visits all the students once a month and oversees the payments to their colleges or vocational training programs. Forhad, who has a Master's degree in English Language and Literature, also conducts English lessons for the children in our Home using role-plays and other enjoyable activities.

In addition to his work for Child Haven, Forhad volunteers with several community projects. He is part of a volunteer team that is called to assist when an unidentified person is taken to the emergency room at the Government Medical Hospital. His group arranges support for those people until family members can be located. In Bangladesh families provide much of the care to hospital patients. In this capacity he got to know Rohyinga refugees who were brought to the hospital. He has been volunteering at some of their camps and helping to organize local support for their needs. He visits the refugee camps on a regular basis and will keep Child Haven informed about how we can assist. So far, none of the refugee children have been permitted to leave the camps. We are pleased to have Forhad on our team.

Two of the children in Fohad's care are Saleha, below left, and Tripondas, below right. Saleha recently came to the Home after her father died of cancer. Tripondas's father who was a fisherman, disappeared several years ago at sea. Tripondas, who is also new to the Home, has an uncanny ability to do mathematical calculations in his head.





Chittagong – Sobeha, right, carries a jug of water in preparation for doing her laundry.



Below left, Saisanu and her father, who has come to take her to visit their village during a school holiday. They are part of the Tribal community.

Mostafa, below right is also going home for a visit. His single mother and little sister are here to pick him up. His mother is employed as a maid.

All our children are encouraged to maintain relationships with family members if they have any and to visit them if they have a safe environment in which to visit.





Bonnie Lore



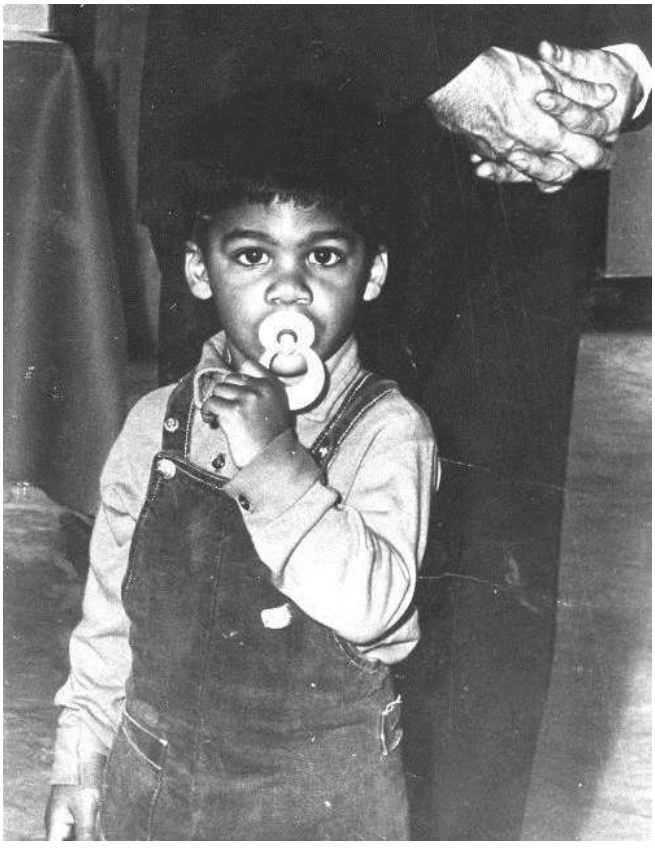
by Fred Cappuccino, her long-suffering husband

In late 1963, Bonnie and I attended a meeting of prospective adoptive parents with Mary Graves, a social worker who worked with Pearl Buck's adoption agency, Welcome House. Mary mentioned to the gathering that an East Indian baby was going to be born some months later, at the end of February, and would be placed for adoption. Bonnie poked me with her elbow whispering: "That's our baby." But I was firm. Six was enough.

Our seventh child, Mohan, was born on March 7, 1964. He arrived in our home six days later. He was brought by Mary Graves to our home in Takoma Park, Maryland. There were five years between him and Michael, the next youngest, so he never lacked attention. Mohan and his wife Carmen now have two lovely daughters of their own, Suhaila and Carina.

The above is an excerpt from Fred's book, ***Bonnie and her 21 Children, a memoir by her long-suffering husband***, which is available while they last for $25 from bonnieandher21children.com





Mohanlal Ananda Cappuccino at 6 days old and at age two.

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Margaret Atwood, author
Dr Brien Benoit, Neurosurgeon
Peter Downie, educator
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Jan Jeffers, former publisher
Donna Morrison-Reed, Unitarian minister
Mark Morrison-Reed, Unitarian minister
Kunjar Sharma, PhD, Honourary Consul General of Nepal

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Using our secure online application, you can set up a withdrawal from your Canadian bank account through a simple electronic funds transfer. Lower transaction charges and reduction of handling and processing; Direct Deposit is a cost effective method of receiving contributions.
The Pre-Authorized Debit (PAD) Agreement form is available through our web site at, *childhaven.ca/direct_withdrawal.html*
Call us if you need help.

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To give through United Way, just designate your donation to 'Child Haven International' and include our Registered Charity # 11885 1922 RR0001. Receipts are issued by United Way. IN SOME CASES THE NAMES OF UNITED WAY DONORS ARE NOT GIVEN TO US. WE WOULD NOT BE ABLE TO ACKNOWLEDGE YOUR DONATION. DONATIONS THROUGH CANADA HELPS ARE ALSO ANONYMOUS.

We are also able to receive **gifts of stocks and securities.** (better tax advantages than donating cash.)

Another way to offer your support is by **leaving Child Haven a bequest in your will**. There is a brochure on several ways to do this on our web-site under "Donating"



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Erudite and Elegant Newsletter – Editor Emeritus, Fred Cappuccino
Editor – Robin Cappuccino



Nepal – Akash, (left) helps pump water from the cistern for washing laundry.

Ramkrishna, below left, is studying social work. He is living in our Child Haven Rose Cottage while he completes his course. Living close by makes it possible for him to help out at the Home. Here he moonlights as a barber for Tulsi.

Below right, Yubraj is studying in Grade 8 and is 14 years old. Here he is painting a snake he has created from clay for a project at our Green Tara School.





Nepal – Bhawna, age 8, (right), helps select onions and potatoes from the kitchen storage room for tonight's meal. Her father Bhimsen is a cook at the Home. Bhawna likes to help out when she's not busy playing or attending to her Grade 4 studies.



Below left, Somraj, age 4, and his brother Binod Bista, age 6, are new to the Home. They came after their father drowned crossing a large river on the way to their village and their mother ran away. They will join the Montessori Program in our Green Tara Child Haven School.

Below right, Somraj was quick to make friends with one of the snow lions at the entrance to the Home.









Kaliyampoondi – Above, Nurse Sasikala oversees one of two study periods every day for the Grade Five class. Sasikala grew up in the Home, went away to nursing school and is now working as our very talented and insightful skilled nurse.

To the left and below are the boys and girls dance teams that recently competed against 20 other children's homes in a cultural competition in Chennai. Is anybody surprised that they won the First and Second Prizes? Congratulations all!







Kaliyampoondi – Vijaya Lakshmi, age 7 (above left) is new to the Home. She came after her parents passed away following an illness. Also new and also age 7 is Kishor, (above right), whose father passed away from alcohol poisoning. Girithiran, (below left), age 6, is from a family who are struggling to survive in a house made of leaves. They will visit him often. Also recently arrived is Gyatri Devi, (below right), age 7. Her father also passed away and her mother was struggling to provide for her.







Kaliyampoondi – Seenu, left is the accountant at our Home. Here he is with his wife Sandhiya and the most beautiful baby in the world, Mithun. Seenu, who grew up at our Home now lives in nearby Uthiramerur with his family. He commutes to the Home on his motorbike (yes Bonniema, he always wears his helmet).

Below, Narmatha, in 7th Grade, Nivetha in 1st Grade, and Bhuvana in 7th Grade, enjoy a board game in front of the Dining Hall.

Bottom photo, Narmatha kindly takes a few moments to check Bhuvana's hair for uninvited guests. Reports are that none were found. Phew! Nivetha is Narmatha's little sister by birth.





Child Haven Wonder Women a newsletter column by *Sharon Fialco*



"I've washed so many pots, I sometimes start to feel like metal myself!" Usha's coworkers laugh at her joke. These are no little pots and pans – it takes many huge cauldrons to feed the crew at Child Haven. Usha's petite body and unassuming smile belie a remarkable strength and endurance.

Over twenty years ago, newly married and two months pregnant, Usha lost her husband. He left without a trace. He also left owing a large debt to his employer. Usha found herself locked in indentured servitude to the carpet factory where she had lived and worked with her husband. They kept her in a third floor room so she couldn't run away. She spent her pregnancy winding yarn and doing menial tasks for very little food. After birthing her son Assis, she continued with him on her back.

Finally, Usha managed to get out into the neighborhood and found Child Haven. She asked if the Home would please accept and raise her two-month-old son. Assis and Usha were physically weak, undernourished and ill. The manager welcomed both mother and infant to the Home.

Usha remembers that an intern named Kate helped nurse her and Assis back to good health. She soon found that being surrounded by happy kids, she began to feel happy and not dwell on her sadness. Days started to pass quickly, she says. Before too long, Usha decided that she did not want to marry again, and that Child Haven was her home.

Usha shares that she wants to stay at her Child Haven home a long time. It is her life. Living among 200+ children could try one's patience, yet Usha says that she has learned to speak well with the children at the Home, and to act from kindness. She enjoys her contact with interns, and feels that everyone loves her and takes care of her. Her son has grown into a fine young man, now studying for a Bachelor of Fine Arts degree. He also loves to learn French phrases with interns and is a superb dancer. She feels lucky and proud that in spite of the hardships she faced, she never gave up.

Usha hasn't turned into metal or become a cooking pot – she has become a Wonder Woman!



Karthmandu Home taken from our Green Tara Child Haven School



Meu, Gujarat – (left) Future architects and home builders Nandini, age 10, Santoshi, 11, and Dharmishtra, also 10, design and build a proto-type of future creations utilizing the sandy playground soil. Piles of leaves are ready to be magically transformed into carpets tablecloths and bed-sheets. In the background Pal, age 7 gives the Home's adopted dog some loving care.

Below, left to right, Vikash, 18, Asha, also 18, Nilam, 15, and Rekha, 16 are at our Home for another vacation from their Home for Differently-Abled Children where they live for most of the year. That home closes for a month every summer, and these children have nowhere else to go. They stay with us for about a month and their stay is well-enjoyed by everyone. More than a few tears are shed when it is time for them to go back to their primary Home.



Meu – Navghan, 14, and Jayesh, 13, were recently transferred to our Home from another Gujarat Children's Home so that they could be with their sisters Kajal and Tejal, who have been with us for several years. Their parents both passed away many years ago. They and we are pleased the siblings are together again.



Below, some of the girls play a game with chalk. Chalk is used to make the playing board and as place markers once the board is made. In the center top of the picture, in white, is Kajal, 16 years old, the older sister of Navghan and Jayesh (above).





Nepal – Ishika and Rashmita are both age 6 and in Grade 2. They both came to the Home in the past year after each losing their parents and have become good friends.

Child Haven Support Groups and our Fundraising Dinners

Please check our web site for updated information

Sat, Sept 15	**Vancouver, BC**	Katherine Doyle & Ian Cameron 604-255-4077, Yamini 604-476-0264
Sat, Sept 22	**Burlington, VT, USA**	Elango Dev 802-598-2630, Tres Crady 802-660-0095
Sun, Sept 30	**Winnipeg, MB**	Zobida Ambtman 204-489-7630, Jameel Ali 204-489-7630
Fri, Oct 12	**Montreal, QC**	Sheila Laursen 514-697-4195, Conny Belanger 514-542-3381
Sat, Oct 13	**Hardwick, VT, USA**	Robin & Sharon 802-533-2296, Deborah Hart 802-472-5284
Sat, Oct 20	**Glengarry, ON**	Alyson Graham 613-525-0796, Julie Slater 613-525-1104
Thur, Oct 25	**Comox/Courtenay, BC**	Heather Holm 250-338-2181
Fri, Oct 26	**Qualicum/Parksville, BC**	Cilla Lewenhaupt 250-752-0968
Sat, Oct 27	**Carleton Place, ON**	Jane Hamilton 613-853-7959
Sun, Oct 27	**Maple Ridge School, BC**	Tejas Gandesha 778-984-7502
Sun, Oct 28	**Edmonton, AB**	Sylvia Krogh 780-454-6216
2019		
Fri, Apr 05	**Cornwall, ON**	Elaine Macdonald 613-330-3117
Sat, Apr 06	**Kingston, ON**	Andy Rush 343-333-1974
Sat, Apr 13	**Calgary, AB**	Dave Green 403-816-1705
Sat, Apr 27	**Mississauga, ON**	Shyam Seth 647-876-8488
Sun, Apr 28	**Waterloo, ON**	Sydney Cook 226-929-4275
Fri, May 03	**Ottawa, ON**	Lynda Inkster 613-837-3532





Maitreya Home – Pema Yangchin (left) and Deki Doka (right) are both 17 and both came to our Maitreya Home together from Seru Village in the Tawang District of Arunachal Pradesh, India 12 years ago. They recently visited Seru to see family members and after their return to Delhi spoke about their experiences. Deki was concerned to see how many illiterate people were in their village and how easily they could be taken advantage of by corrupt officials. She is the first one in her family to receive a formal education and has just completed Grade 12. She is now being supported by Child Haven to pursue a Bachelor's degree in the Humanities. Her desire is to go back and serve as a government official in the Tawang District. She would like to address issues such as child labour which she saw many examples of on her travels. She says she saw children who spend the whole day hammering rocks for construction projects. She says that without the assistance of Child Haven and the Maitreya Home, she would have gotten married early with no education, worked in the fields and not be able to help her community.

Pema echoed Deki's observations. She spoke about her family in the village just barely surviving as subsistence farmers. When the weather was good they harvested enough to eat. Pema is also studying the Humanities and she is interested in the Indian Foreign Service. She has been inspired by the Canassist Program of the Canadian High Commission in Delhi whereby Canadian staff visit the Home often and offer encouragement and support. Both Pema and Deki have kept in touch mostly by telephone with their families over the years, but were happy to be able to visit in person. They both spoke about the love they felt growing up in the Maitreya Home and how they felt like they had two families, one there and one in Seru. They both speak Hindi, English, Tibetan and remember some Monpa, the language spoken in the Tawang District. Government employees in the Indian State of Arunachal Pradesh, which was once a part of Tibet, are required to be fluent in Tibetan.

If you would like to sponsor the education of young people like Pema and Deki, contact Sheila Laursen, the co-ordinator of Child Haven's Post-Secondary Sponsorship Program at, sheila@childhaven.ca





$\mathcal{MVP}$ – During their summertime school break, quite a few local high school girls sign up for a two month long Beautician Training and Tailoring Skills program at the Center while they are on school break.

Above, a "mehndi" workshop and below, a lesson in how to use a hand crank sewing machine. There are several kinds of machines to learn about in use at the Center. The regular training courses for women are for six months.

The girls also learn life skills from Rajni, the Project Coordinator, who has worked as an advocate for women and girls in this low-income community for many years.







Bangladesh – Triponda, front, with a few of his new cousin brothers (see his story on page 10). With him are Ridowan, (top) Dilsad to his left and Jihad directly above him.

Let me light my lamp, says the star,
And never debate if it will dispel the dark.
Rabindranath Tagore





Kaliyampoondi – Once again the Karpaga Vinayaga Dental Institute has come with their completely equipped dental bus and crew of dentists and dental students to provide a free check-up and treatment for all our children and staff. Above right, Sandhya, Jenma Ragini and Nivetha, all in 2nd Grade, want to show you how clean their teeth are! We are very appreciative of the good doctors and students of the Institute for their conscientious care for our Home. *Seenu photos*

For donations please make cheque out to CHILD HAVEN, and mail this portion to CHILD HAVEN, 19014 Conc. 7, Maxville, ON K0C 1T0 (or to Box 5099, Massena, NY 13662-5099, USA.) Donations to Child Haven are tax receiptable in Canada, India and the USA. General Full sponsorship is $30/month or $360/year.

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